

Tap Away Success Sabotaging & Upper Limit Setpoints & Tap into Health, Wealth, Love, Purpose & Joy



Inspiring You To Free The Obstacles
To Love, Security, Passion, Purpose, & Joy

With Penny Cohen, LCSW
Transformational Psychotherapist,
Marriage And Couples Counselor,
Life, Career, & Spiritual Coach

May 18, 2014 1:00 – 4:00

At: Liphe Balance, 36 Michaels Way, Weston CT

Space is limited: Please register: \$100.00

203-912-2791 or email: liphebalance@gmail.com

**If you really want health, wealth, love and happiness
then stop blocking yourself from achieving them!**

- ❖ **If you don't have what you desire in life** that means there are conscious and/or unconscious barriers stopping you from attaining your best life. In this three-hour workshop you will learn how to identify and release the blocks holding you back and embrace love, purpose and abundance.
- ❖ **Some blocks may be from:** early childhood, genetic memories and ancestral lineage influences or past lives. They can also be religious, racial, cultural or societal dogmas. Or they can come from an unconscious or even conscious fear of success.
- ❖ **Penny's Integrated (EFT) Tapping and Internal Inquiry Fulfillment Processes** help clear out the obstacles to happiness and open to new neural pathways that lead to new patterns of thoughts, beliefs, feelings, and behaviors. The end result is reaping the rewards of vitality, love, purpose, wealth and happiness.

Penny Cohen, LCSW is a body/mind/spirit psychotherapist and transformational coach who integrates ancient spiritual wisdom with contemporary tapping energy psychologies, including EMDR, Integrated (EFT) Tapping, Internal Inquiry meditation, and communication methodologies. She is the author of Personal Kabbalah: 32 Paths To Inner Peace and Life Purpose. With her new project, The Vitality Experience she offers new life changing secrets to overcome life burdens, create your destiny, and live life to the fullest with ease and joy. She works with individuals, couples and groups, in person, onsite, and on the phone. Contact: Penny@PennyCohen.com or visit her on the web: www.pennycohen.com